TRANSKRYPCJA NAGRAŃ

Zadanie 1.

Interviewer: Hello. Today I'm talking to Alex who has kindly invited us to her place to talk about her hobby. She's a long-time participant in our photo competitions and she has won some of them. Hi, Alex. Tell us how your interest in photography began.

Alex: I got my first camera when I was 11. At that time I mostly took pictures of my pets. But during my last year of secondary school I realized I would be going to college soon and I wouldn't be able to spend so much time with my classmates anymore. I decided to take as many photos of my friends as possible before we said goodbye, because I wanted to have plenty of memories. That's when I started to photograph people.

Interviewer: I know you're fascinated with people's faces. Why?

Alex: Every face is unique and it has so much to say. It can show so many different emotions, for example, joy, sadness, excitement, disappointment or astonishment. I love to show the variety of emotions people can feel.

Interviewer: Are there any difficult moments when you take photos?

Alex: Not everybody likes it when you take their picture. Some people I photographed asked me to delete their photos. I've lost some amazing pictures in this way but there was nothing I could do about it.

Interviewer: I can see you've hung many photos in your room. This one is interesting. It's the only one which doesn't show a face.

Alex: Apart from photography, I'm passionate about music. This picture of a sound mixer with a pair of headphones is my favourite. I often look at it at night. When the street lamps are on, the light shines directly on the photo.

Interviewer: Thanks, Alex.

adapted from www.iheartfaces.com; https://thestorybehindapicture.wordpress.com

Zadanie 2.

One

I've read an article by Josh Darling about interior decorating. The author tells us to look in our wardrobes, see what colours we often wear and paint our room in the same way. He claims that if we wear a certain colour, this means we feel comfortable with it and we will like it in our flat. Is he right? I love blue and I often wear it. But I'm not sure I want to stare at a blue wall for years. And what if I turn to black clothes? Imagine black walls all around you! I don't think his theory makes sense.

adapted from www.letstalkcolor.com

Two

The earth is the most colourful place we know. The colours of rainbows, birds and animals are amazing. But the colours we see are far more complex than they appear. In this fascinating series, Dr Helen Smith shows what colour is, how it works, and how it has written the story of our planet. Join her in the next episode of *Colour and Science,* which will be shown at 6 p.m. on Wednesday.

adapted from www.bbc.co.uk

Three
Recently I heard an interesting story about an Australian artist, Jenny Bowman. She used to take her pupils to the park for art lessons. She told them about the shades of pink or red on the leaves. At some point she realised her pupils couldn't see the colours she described to them. It turned out that she has four colour receptors in her eyes, one more than most people. This allows her to see one hundred times more colours than an ordinary human being.

adapted from www.bbc.com

Four
Colours might be more important in our lives than we think. Some people believe that by choosing a certain colour to wear or to paint your room, you can change your mood or increase the chances of reaching your goals. It is also said that colours might influence our food choices. There are even therapies based on colour. I wonder whether you think such theories are true. Phone in and share your views with our listeners.

tekst własny

Zadanie 3.

One
Sandra: Look at this dog, Jack. It's got a yellow ribbon. I wonder why.
Jack: Haven't you heard about the *Yellow Dog Project*? It's all over the Internet. The yellow ribbon means the dog is in training, not friendly with other animals or people and you shouldn't try to play with it.
Sandra: Oh! Next time I see a dog like this I'll be careful.

adapted from www.theyellowdogproject.com

Two
People keep asking me if I like my job. I travel to fabulous locations, live in luxurious hotels and interview film stars and famous directors when they are working on a new film. I'm constantly around celebrities, following them everywhere with my microphone. But I feel that I'm asking the same questions again and again. Mainly about their new films or private lives. That's what ordinary people are most interested in. I miss what I used to do – writing articles for the local paper.

tekst własny

Three
James: Hi, Rose.
Rose: What took you so long, James?
James: There was an accident on the motorway, and the road was blocked.
Rose: Oh, yeah, I've just heard on the news that there was a serious collision involving a truck.
James: That's right. The cars didn't move at all for half an hour.
Rose: It's good you've arrived safely. We'd better get going. Sandra and Tom may be getting impatient. They're usually early.

adapted from www.focusenglish.com

Four
I'm an American businessman and I had a meeting in China with a woman from Germany. I went to her hotel. She texted me that she was coming down in the elevator. The elevator opened and I saw a lady looking for me – or so I thought. She introduced herself with a German accent. We sat in the lobby and talked for half an hour before we both figured out that we were both supposed to be meeting somebody else. And, yep, there they were in the lobby waiting for us… Another American and another German…

adapted from www.reddit.com

Five

Fill your glass with water. Add one teaspoon of baking soda and stir for half a minute. Add a few raisins to the glass. Slowly pour in lemon juice. The juice and baking soda react to form bubbles. Watch the raisins for a few seconds. What's happening? Now, describe what you see in your notebooks.

tekst własny

Six

Welcome to the series *Get Fit for Free*. If you're looking for an easy way to become more active, taking the stairs regularly seems to be a perfect idea. Research shows that it's good for general fitness and also makes your bones stronger. Stair climbing is not difficult and it burns more calories per minute than jogging. You can include it in the 150 minutes of exercise that people are advised to take every week.

adapted from www.nhs.uk